

# Fitness Spring 2012

## JUNIOR BOOTCAMP

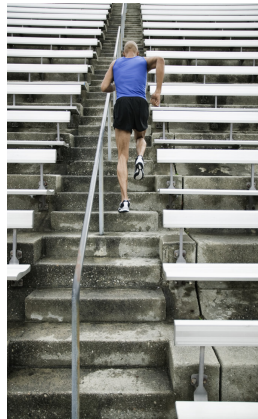
Participant's First and Last Name: \_\_\_\_\_

Participant's Gender: Male or Female    Age: \_\_\_\_\_    Participant's Birth Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Parent / Guardian: \_\_\_\_\_    Member Number: \_\_\_\_\_

Phone Number: \_\_\_\_\_    Email Address: \_\_\_\_\_

*\*Calls or E-mails will be sent out in case of cancellations*



**STRENGTH**  
**ENDURANCE**  
**SPEED**  
**AGILITY**  
**JUNIOR**  
**FITNESS BOOTCAMP**

*\*Please circle one*

**Elementary school ages**

*Tuesday 3:30-4:15*

*Thursday 3:30-4:15*

**Middle school ages**

*Tuesday 4:15-5:00*

*Thursday 4:15-5:00*

This camp is for all kids who want to improve their fitness level while having fun! The classes will have drills, cardio, strength, speed work, games and lots more.

Join us for a fun fitness challenge and  
get stronger in 2012!

\$10 per day

Sign up by calling the fitness center at 346-1114x3911